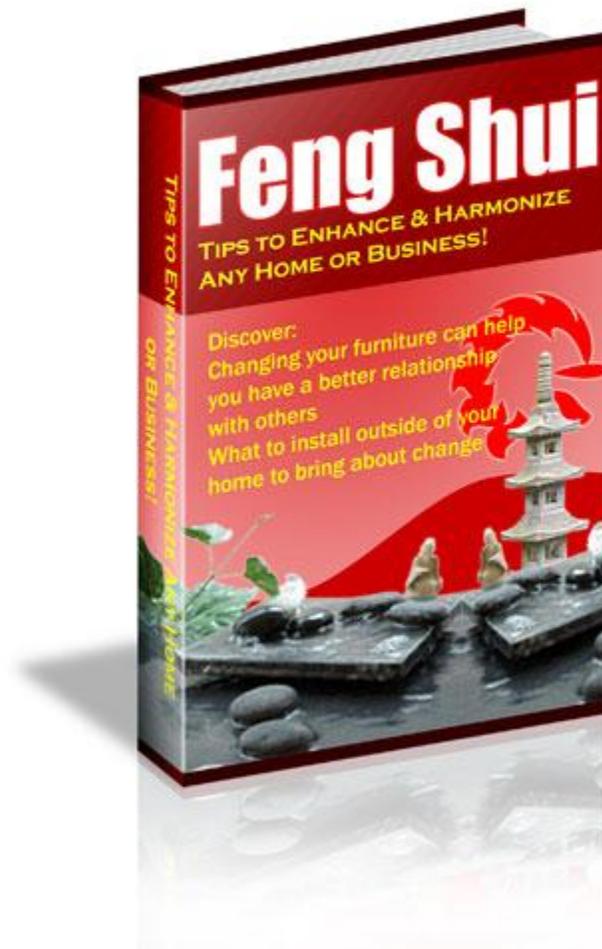


# FENG SHUI

Tips to Enhance & Harmonize Any Home or Business



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# 1 What Is Feng Shui?

Feng Shui (pronounced fung shway) is an ancient Chinese practice that involves art and science. It has been around for thousands of years. The practice relies on the laws of heaven and earth to help people balance their energies within a space. This is to help them receive fortune and health.

The word “feng” means wind and “shui” means water. Therefore, Feng Shui means “wind water”. The local Chinese people place wind that is gentle and water that is clear in one setting. It is to represent good health and harvest.

Feng Shui prides itself on thinking that the land includes Chi. The work Chi has to do with energy. Back in ancient times, the local Chinese people claimed that the energy of the land would be good or bad for others.

Feng Shui comes from the Taoist ideals in order to deal with nature. Taoism deals with religious and philosophical beliefs. Taoism has a strong influence in Asia.

Taoism is also responsible for birthing yin and yang concepts. Yin and yang deal with opposite aspects of a phenomenon or comparing two phenomena. They represent quality in regard to correspondence, which is found in most areas of Chinese science and philosophy. An example of this would be ancient Chinese medicine.

In addition to that, the main five Feng Shui elements are also derived from Feng Shui. When doing a Feng Shui analysis, the Compass and the Ba-Gua are used. The Ba-Gua is a grid that is created in the shape of an octagon.

This grid has symbols of the I Ching. In fact, Feng Shui is based on this premise. In order for you to connect the areas of your home with Feng Shui, you need to understand the concept of Ba-Gua.

The compass is also known as “lo-pan”. It works to gain additional information about a facility. The magnetic needle is surrounded by concentric rings that are strategically placed. The word “lo” means everything and “pan” means bowl. Lo-pan is used to open the mysteries of the universe.

When learning Feng Shui, you have to start off at the basic level in order for you to understand the entire process. After you had a good understanding Feng Shui on the basic level, you will get phenomenal results. The results will affect how you perceive Feng Shui. You will want to use it on a regular basis in your home and your business.

When engaged with Feng Shui, you will need cures in order to have a better life. There are different things that can be used to achieve this. Here are five of them:

- Aquariums
- Fountains
- Crystals
- Colors
- Clocks

## 2 Methods of Feng Shui

Some of the methods are easy to use; however, when it comes to the main part of it, it can take a while, like several years to get the hang of it. Learning Feng Shui is not as easy as people may think it to be.

For this type of setting, you should always start from the beginning with the basics, then move your way up. It makes it easy for you and others to follow along. Then you can make gradual steps to the advanced phases of Feng Shui. To get you started, here are some things that you can implement:

- **Air and light of good quality** – You should have this in your home in order to master the Feng Shui principles. You can benefit from having good Chi when you incorporate both of them.

In order to operate this principle, it's a good idea to allow natural light into your home. The windows should be open on a frequent basis. If you're a plant lover, invest in some air purifying plants for Feng Shui.

- **Ba-Gua** – Use the compass to activate the energy map in your home. When you connect with your Ba-Gua, you will find out which areas or rooms in your home are connected with the Feng Shui concept.
- **Get rid of clutter** – You should discard everything that doesn't mean anything to you or reminds you of bad events or feelings in your life. If you have a lot of clutter, all of it can't be removed overnight.

After it's done, you will feel like a heavy burden has been removed from your shoulders. This is a very important thing to do because you will have a release. It will also be easier for you to move to the next phase.

- **Five Elements** – Get familiar with the five elements of Feng Shui. For certain areas, some elements will need to be stronger. This depends on what you're trying to attract in your life. It also depends on what area of your home you're looking to implement Feng Shui.
- **Birth Element** – Wood and Fire are considered elements and along with that you will need a color to correspond with the elements. In addition to that, you will need to incorporate shapes to match the element and color for Feng Shui.

# 3 The Five Elements of Feng Shui

The principle of five elements is important to the concept of Feng Shui. They work in certain ways in accordance with the rotation of the Productive and Destructive Cycles. All five of the elements correspond with a certain color. Some of the elements will use more than one color. The best way to utilize these elements is to open your space to more happiness.

Here are the five elements and their corresponding colors:

- **Wood** – Represents and provides energy for health and vitality; it also represents abundance and is considered a cure for wealth and prosperity. This element resides in the East and Southeast areas of your space. The Wood Element is also good for use in the South. The Wood Element colors are brown and green.
- **Fire** – Represents high energy and passion; it provides energy to things that are career related. It will also provide assistance to have you recognized in your achievements. This element resides in the South, Northeast and Southwest areas of your space. The Fire Element colors are Red, Orange, Purple, Pink and Strong Yellow.
- **Water** – Represents easiness, abundance and freshness; it also represents calm and purity. Water represents abundance and is considered a cure for Feng Shui. It can be used in the North, East and Southeast areas of your space. The Water Element colors are blue and black.
- **Earth** – Represents being stable and nourishment; it also represents protection for your relationships. It can be used in the Northeast, Southeast and Center areas of your space. The Earth Element colors are beige and yellow.
- **Metal** – Represents being precise and clear; it also represents exactness and being efficient. You can live with clarity and light. It can be used in the West, North and Northwest areas of your space. The Metal Element is ideal for your home or business. The Metal Element colors are white and gray.

The Productive and Destructive cycles control the five elements of Feng Shui. Wood is part of the Productive Cycle that is produced by the Element Water. The Cycle continues with the creation of Fire, Earth, Metal and last but not least, Water, in that order. The Cycle does not stop and complement each other. They also maintain a positive flow with one another.

Even though it's on the opposite end, the Destructive Cycle has just as much prominence as the Productive Cycle. Anything that is negative or contributes to decay is removed. This makes way for things that are positive and will help in the Feng Shui process.

With this Cycle, Wood is responsible for separating Earth. Earth in turn, soaks up Water; Water douses out Fire; Fire melts Metal; and Metal cuts up Wood. This too, is another cycle that goes around in circles and doesn't stop.

You will need to use different colors for each direction:

- East and Southeast – Dominant green
- South – Dominant red
- Southwest – Dominant yellow
- West and Northwest – Dominant white or metallic

With the directions and color schemes, alternate colors can be used for the basic ones. Blue and black can be used for the East and Southeast. Anything in the red family can be used for the Southwest and Northwest.

Anything in the yellow, beige and brown family along with any combinations can be used for the West and Northwest. White is the color used in the North because Metal creates Water. In the South, green can be used because Wood creates Fire.

The colors don't have to stand by themselves. They can be supplemented or combined with others to create powerful statements. With Feng Shui, you must keep balance and harmony. These attributes are needed in order to keep the flow of Chi in a positive format.

Yang energy comes from the Element of Fire. It is represented by the color red. Other things that help to provide more energy are candles and lights. If you want more intimacy as far as being close is concerned, Earth energy would be needed. Things that contribute to earth energy can help your marriage in a positive way. They can also help you in different relationships.

You can use things like crystals and ceramics, things made from earthenware to enhance this. Since Metal is created by Earth, Metal can take advantage of the benefits. Metal is also one of the Yang Elements that happens to have a positive effect. Metal is also responsible for creating Water. This can help with the Chi flow.

With Water being a part of the Chi flow, the flow doesn't stop. Water helps to have Chi flowing in different areas of life. With Feng Shui, flowing water is considered to be quiet and relaxing. You can use it to implement energy in your home.

If you are looking to advance or start your career, water can be used for that purpose. It also represents wealth and prosperity. A good thing to implement for this would be an aquarium or a water fountain. This can have positive vibes in certain areas of your home. One place that water is not recommended for is the bedroom.

The Wood Element also connects with your home and garden. You can place wooden objects in certain areas in order to obtain more wealth. They can be placed near plants and flowers. Another thing that can increase wealth is installing a wooden bench in the area of your garden that is designated for Wealth.

# 4 The Colors of Feng Shui

## **Black**

Black is the color of mystery. It also provides protection. It symbolizes nighttime when it gets dark, and it also represents an empty space. Even with that, it provides intensity to any area. If it is used often, it can translate into a heavy atmosphere. Black is also used to provide strength.

This color can be used in the East, North and Southeast. It should not be used in the South. It can be used in a child's bedroom, but not a lot. It can also be used in the common areas of your home.

If you're trying to attract career opportunities, it can be used in the North area of anyone's space. Black can be combined with white to be used on furniture.

## **Brown**

The color brown is used in the East, Southeast and the South. The energy from this color provides plenty of nourishment. It can be associated with different foods and drinks, such as chocolate and coffee.

Brown can also be used for the common areas of your home. You shouldn't use much of the color Brown for a child's bedroom or the Southwest area. If there is too much of the color in an area, it may cause people not to take a step forward.

## **Green**

This color represents revival and a fresh start. Green provides nourishment and keeps peace in your life. When incorporated with Feng Shui, you should use different versions of green, instead of just one.

You can use plants that have fresh foliage. Green is also known to provide healing. It can be used more so in the South, East and Southeast areas.

There are different versions of this color that can be used in Feng Shui.

## **Red**

When the colors for Feng Shui are used in the right format, your environment will be the recipient of good Feng Shui energy. The color red contributes to the Fire Element to provide energy.

Fire can be considered as a creative aspect and a destructive aspect. Fire is a symbol for sun and life and energy that comes from it. With this Element in your home, you can experience happiness and a desire to be sexually fulfilled.

Red also represents passion and celebration. The Chinese use the color red for happiness and luck. In India, the color red is used for marriage and weddings, and in the West, the color red stands for romance and courage.

When people decorate, the color red is used for richness. Careful consideration has to be implemented not to use too much red. Otherwise, it can provoke anger and excessive stimulation.

With Feng Shui, red can be used in children's bedrooms with caution. It can also be used in the common areas of the home, such as the dining and living rooms and the kitchen area.

In the East, Southeast, West and Northwest areas of your home, you can use the color red, but you are limited to how much you should use. Red is a perfect candidate to use in the South.

## **Orange**

Orange has been nicknamed the "social" color. Orange is responsible for providing the energy from Feng Shui to engage in spirited conversations and to have good feelings in your home. When the winter season approaches, it can be a reminder of the summer season. Log fires also come into play with the color of orange.

Just like red represents fire, so does orange. It is not a good color for the areas of the West and Northwest. In addition to that, this color should not be seen in the East and Southeast.

These areas are controlled by other elements of Feng Shui.

Orange can be used for the common areas, such as the living and dining rooms, kitchen, and anywhere else where the environment can have action and lots of energy. It's a good idea to have some Feng Shui products or accessories.

Since orange is considered a soft and warm color, it is easy to incorporate with Feng Shui. It is a beautiful sight to see as a sunset. It enhances the rooms and makes them stand out.

## **Purple**

Don't overuse the color purple. This color is very strong, and has a relationship with the spirit. It is not recommended for use on the wall. It can however, be used in a space where meditation is taking place. If you use this color at home, be very moderate about using it. You can use lighter colors. It can be used in the East, South, and West areas with limitations.

A good way for the color purple to be implemented is to use the Feng Shui crystal Amethyst.

## **Pink**

The color of love is pink. It can also be used to keep the energy calm. It also works to quiet the heart and provide it with lots of love. This color is used mostly in the Southwest area. It also is in line with marriage. When decorating, a soft pink is used. When there is hot and heavy energy, hot pink is used.

Pink is great to use for a bedroom of a little girl; what little girl wouldn't want that color? Ok, there may be some, but they're probably few and far between. There are several common combinations of pink that include pink and black and pink and green. Pink and green represents activity. Pink and black represents a retro style.

With Feng Shui, rose quartz crystals can be used for love. The crystals are a soft pink that soothes the soul.

## **Yellow**

The color yellow reminds people of the sun. It can brighten up any space and provides an inviting atmosphere. You have many choices to choose from when it comes to yellow. This color is a better choice for a child's bedroom and the family room.

If you have a dull looking room, using the color yellow will provide it with lots of light. It provides the Fire Element, but in a softer format than the color Red does. It is easier to deal with on a larger scale. Yellow can also be used to provide self-esteem. If you use hot yellow, don't use too much of it. Yellow can be used in the East and Southeast areas.

## **Gray**

Gray is usually considered as a dull color that doesn't have much life. However, there is a shade of gray (noble gray) that is considered a little more upbeat than the regular color. Gray is used in the West, Northwest, and North areas of Ba-Gua.

It should not be used too much in the East and Southeast. Wood is the dominant Element in those areas. Believe it or not, gray can provide Feng Shui energy into most of the common areas in your home.

It can provide a clear focus to any space in your home. Gray also represents the energy of the Metal Element.

### **White**

The color white represents Yoga rituals. With Feng Shui, it stands for quietness and innocence. It also stands for beginnings and endings. It has a clean and fresh focus. It can be used for Feng Shui purposes anywhere in your home.

In the East and Southeast, it's not a good idea to use all white. You can use other colors to blend in with it.

You can have white space in your bathroom or mediation room. This will help with healing in your home. It can also provide possibilities never explored before along with a promising future.

### **Blue**

Blue represents the clear skies and waters. It can be used in the East and Southeast of anyone's space. Since blue is connected with Water, the energy is responsible for supplying nourishment to the Wood Element. It can also be use for decoration or art.

Blue can also be used as a color for ceilings. It's been note that students did better in their studies when they have a blue ceiling.

For harmony, a light blue color would work well. For peace and quiet, a dark blue color would work better. A deep blue color can be implemented in your bedroom to help to get to sleep.

For the South, West and Northwest areas, deep blue should not be utilized much. Blue and white colors can be combined to provide energy.

# 5 Creating a Happy Home with Feng Shui

The areas that are incorporated with Feng Shui are built to have energy in mind. There is always energy around us that continues to circulate every minute of the day. You can do the same thing at your home. Incorporating the principles of Feng Shui can help you to have a healthy and happy home.

When you do this, expect the atmosphere to change. When people come to visit, they will feel happier to be in your home and in your presence. When they are happy, you will be happy. If you were pessimistic before, your demeanor will change to the opposite. As long as you keep the exchange of positive energy flowing, you will be able to relish in type of environment.

Get familiar with certain areas of your home. The more you are aware about what the areas are comprised of, the more success you will have of incorporating those areas with the principles of Feng Shui. With this, you will be able to transfer this to other areas of your life, including your relationships with family members and friends.

Let's look at some things that can advance and enhance this:

- You should have a connection to your home. Examine the areas of your home and determine which parts do not line up with the Feng Shui principles. Whatever doesn't line up will eventually have a detrimental effect in your life. It will also cause you not to have as much energy in those areas.
- Don't overreact if your home or areas in it are not responding the way you would like them to. An example would be if you have a basement in your home that is in need of painting, don't get upset because it hasn't been painted.

Create some Feng Shui instructions for yourself so that you can go ahead and get the work done. Don't get angry or agitated as you compile them. Just think of it as something that has to be done.

There will be time when you can let out your emotions, but don't allow them to be a hindrance for your assignment.

When you remove clutter from your home, you are able to provide positive and fresh energy. Your home will also be healthier as a result. Having clutter represents confusion and indecisiveness.

That can prove to be a negative thing for you if you're working to incorporate Feng Shui in your life. Once the clutter is gone, you will have a sense of relief and whatever stress you had will be gone. This can also help you to have a healthier peace of mind.

Another thing that some people feel they are lacking in is relationships, whether it's a marriage, friendship, or relationship with your children, siblings, parents or other relatives. How does this work in the equation? Well, having positive relationships can provide you with more energy.

People want to feel that someone cares about their well-being. Maintaining any kind of relationship takes work and it doesn't happen overnight. There are some that are healthy, and others are just falling by the wayside.

In regard to your home, there are some ways that can help you to keep your relationships fresh and positive:

- Change the format of your furniture. If you have enough room, move it around to another angle or another wall. Don't keep any furniture, such as a couch, bed, table or chairs in the same format every year. It starts to become monotonous. Moving your furniture around can help provide more energy in that area.
- Whatever area of your house it is, focus on providing additional energy that is positive. You can do that by having fresh fruits, fresh flowers, or anything that is fresh and stands out.
- Your bedrooms, bathrooms and closets should be clutter free. They should be areas that people wouldn't mind looking at if you were showing your house to someone.
- Having a television in your bedroom is not necessarily a good idea. It can be a distraction from your actual purpose.
- Have pictures of you and your loved ones in a positive format.
- Don't crowd people and don't allow them to crowd you. Everyone needs space and time for themselves.
- Listen to music that is relaxing and soothes the soul. Certain types of music can provide great energy in the right environment.

# 6 How to Get a Feng Shui Consultant

There are many people that are not sure of what to do first when it comes to Feng Shui. They may need more information in order to make a decision on whether or not this is for them. If you need the services of a Feng Shui consultant, research very carefully and thoroughly.

You can probably get more information online and take it from there. Write down everything that you want from the consultant. There are also some schools where Feng Shui is taught.

You may want to check there to find someone that can help you. You can also ask people that you know if they have any recommendations. You never know who else has gone through this process.

Once you come up with some names, interview them and check their background. Don't be afraid to ask for references. They should be more than willing to provide this information for you. Let them know what you're looking for. Once you've settled that, then you can check them out to see which one would be best for your needs.

# 7

## Additional Information

This report has provided sufficient information to get you started on your journey to abundance and other things that can enhance your life. If you want a more in-depth treatment of this topic, I strongly recommend that you get yourself a copy of the full version of this ebook. In the full version, you will learn the following additional topics:

### **Incorporating Feng Shui If Your Home Is in a Cul-de-sac**

Feng Shui may not operate too well when your home is located in a cul-de-sac. However, that's not speaking for all of the homes in that curved area. There are some homes that have good flow of energy that still may not get the flow of Chi coming through.

### **Feng Shui for Your Kitchen**

Incorporating Feng Shui for your kitchen will take some surveying. You have to look at how it is placed within the home. The kitchen is usually located adjacent to the backyard of the home. There's a good reason for that.

### **Create Wealth and Abundance, Using Feng Shui in the Bathroom**

A bathroom is one of the places where you can incorporate Feng Shui for the purpose of creating wealth. There are different strategies that you can use to accomplish this.

### **Implementing Mirrors with the Concept of Feng Shui**

Mirrors are generally used as a reflection. People use them to look at themselves. With Feng Shui, they help to bring in water. They are also used to pull in the Chi method in addition to widening space. Mirrors can change the way energy flows in a certain area. They are good for bringing peace and a fresh new outlook on life. With Feng Shui, three types of mirrors are used.

### **Feng Shui in the Bedroom to Enhance Your Love Life**

In order to have a positive, intimate relationship with your mate, you need a good feng shui bedroom. Both of you will be able to spend time renewing yourselves, minus having to deal with a lot of unnecessary stuff. Only one significant piece of furniture should be placed in your bedroom.

### **Feng Shui for Your Home-Based Business**

Believe it or not, there are many businesspeople all over the world who use the principles of Feng Shui in their business. Many Asians believe Feng Shui is necessary in order to conduct proper business and business management. In fact, there are some

famous businesspeople in the United States who are using Feng Shui, and they have encountered success in their business.

### **Using Feng Shui for Your Internet Business**

You can use Feng Shui to create harmony for your websites. Your web pages must be aligned properly. You want the visitors that come to your site to have easy navigation and access. It should be a positive experience for them.

### **Using Feng Shui for a Retail Business**

You may want to open up a retail store. You have plenty of products, but you don't have any idea on how to attract or keep customers once they set foot in your business. You don't understand what's going on, and need some assistance in this arena. Using the principles of Feng Shui can change your situation.

If you are interested to learn more, you can get the full version of this book at

<http://www.siteofwisdom.com/feng-shui>

# 8

## Conclusion

Whether it's to improve your health, love life or finances, Feng Shui has been incorporated as a way to do this. The method has worked for the Chinese people for many years. Since it has spread, people are curious to find out how it can help them.

If you stay on the right path with this and are serious about making significant changes in your life, you will see a difference. You will be amazed at how much healthier you've become. You'll be so excited to get intimate with your mate, it'll be breathtaking. With your finances, you can have more money than you ever dreamed possible when using the Feng Shui method.

Just remember that everything won't happen overnight and that it will take time before you see a change in your life for the better.

## Resources

**Reference material:**

<http://www.wikipedia.org>

**Information about Feng Shui:**

<http://home.ivillage.com/decorating/fengshui/topics/0,,4tkd,00.html>

**Information about Feng Shui and Classes:**

<http://www.amfengshui.com/>

**Article on Feng Shui Your Bedroom:**

[http://www.hgtv.com/hgtv/dc\\_design\\_feng\\_shui/article/0,1793,HGTV\\_3371\\_5634809,00.html](http://www.hgtv.com/hgtv/dc_design_feng_shui/article/0,1793,HGTV_3371_5634809,00.html)

**Information about Feng Shui:**

<http://www.bellaonline.com/site/fengshui>

**Professional Feng Shui Group:**

<http://www.ifsguild.org/Home.php>